



APRIL

FHMS

# *Tiger Beat*

"The earth laughs in flowers"

-Ralph Waldo Emerson





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## 2024-25 Academic Calendar



24-25 Academic Calendar.pdf

Download  
155.9 KB

### Bell Schedule

FHMS Daily Schedule - Early Dismissal (Wednesday) Schedule - Half Day Schedule

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### Attendance

If your student will be missing school for any reason please email the MS office at [katieleed@sjisd.org](mailto:katieleed@sjisd.org) or call (360)378-7201

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## FHMS Website

Please check out our Friday Harbor Middle School Website for more up to date information about events and other middle school happenings. Click the button below to be redirected to the MS website.

**MS Website**

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## Lost and Found

***Any items left behind over Spring Break will be donated. Please make sure to have your student check for lost items in the MS Commons by April 4th!***

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## Student Fees-

Please be sure to check into your Skyward account for any fees your student may have accrued throughout the school year. You can pay your students fees online as well as any Food Service fees through your Skyward account.

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## From the School Nurse

### School Based Sealant Program

CHC of Snohomish County dental team is coming back to Friday Harbor to offer oral health exams, cleanings, and sealants (a thin coating on the back molars that prevents 80% of cavities) for children and youth wanting to be seen. Upcoming school dental clinic dates are:

- Monday, April 28 to Wednesday April 30

Please fill out the online consent [Smile Check and Sealant Registration](#) to have your child seen by the dental team at their school. Check out the [County Dental site](#) for more information on oral health and upcoming dental clinics.

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Erin Donaldson, BSN, RN  
San Juan Island School District Nurse  
(360)370-7306: Elementary School office  
(360)370-7149: High School office  
(360)627-1266: work cell

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## Message from Ms. Goosman

The 8th graders are rigorously working on their History Day Rights and Responsibilities project. The school showcase is April 23. Student will need to bring their tri-folds into school (in order to work on them) by April 16th.

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**7th grade field trip to the Klondike Museum and Train Ride**



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Write a sentence that describes your experience on the train. Here are some of the responses:

"It was really fun and exciting to go on the train for the first time." - Victoria

"Super fun! I loved the experience. It was great!." - Olive

"Amazingly Amazing. This train was Yoda." - Enzo

"Riding the train was an enjoyable experience because of the fast and comfortable travel." - Ryder

"It was a great experience and I'd like to do it again." - Jane

"It was really fast and exciting!!" - Saylor

"I loved the train. It was so cool to experience what it is like to travel by train." - Jodie

"It was great & comfortable and very scenic along the way." - Victor

"I thought the train ride was a fun experience and it was cool to be right next to the water most of the way." - Annabelle

"It's so peaceful here [on the train]." - Amy

"It was really cool and fun to see the landscapes." - Gabby B.

"Hogwarts Express." - Emma A.

"A fun trip with lots of laughter & gorgeous views." - Ava Y.

"It was a beautiful & fun ride." - Isla B

"It's so cool. It felt like being on an airplane." - Capri

"A beautiful experience with gorgeous landscapes." - Isla D.

"It was a very fun ride with lots of cool sites." - Aurelia

"It was a good first time experience." - Evelyn

"It was great! Good views, comfortable chairs, and a good conductor." - Alex



# IMPORTANT

## dates to remember

**END OF THIRD TERM** - April 4

**HOBBY DAY** - April 4

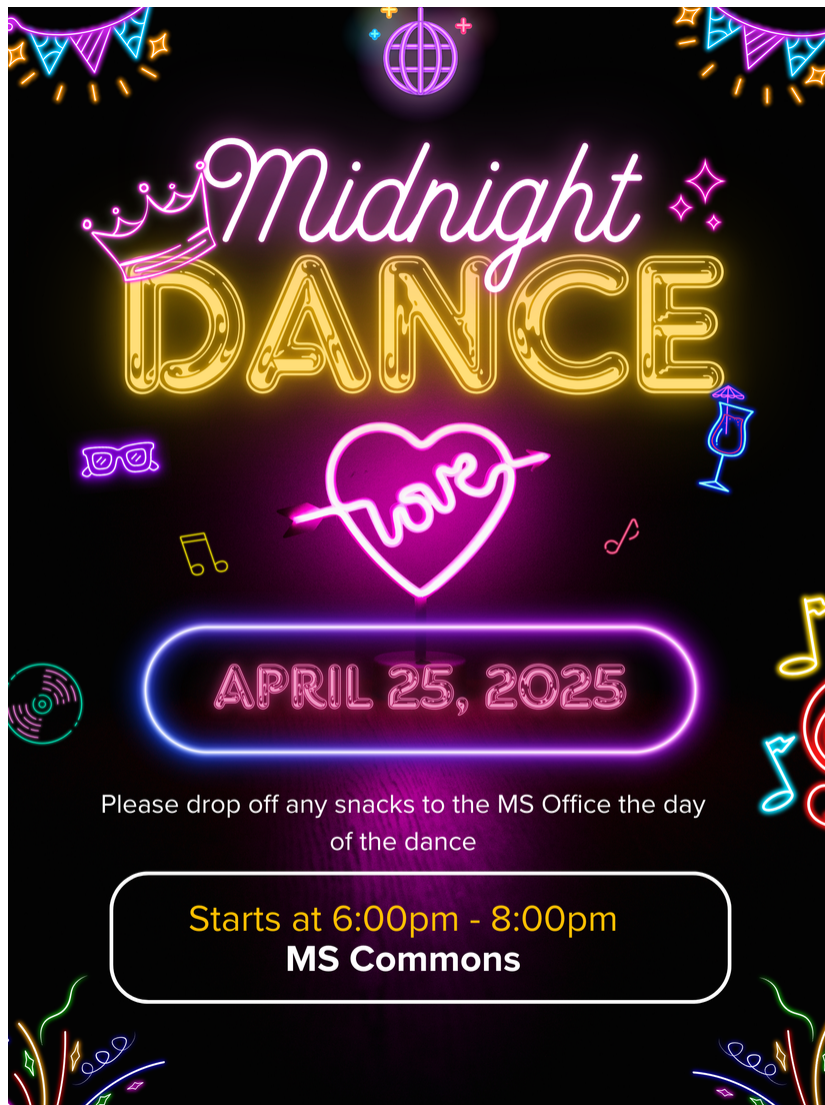
**SPRING BREAK** - April 7 - 11 *No School*

**LA CHISPA FIELD TRIP** - April 18 Mt. Vernon

**EASTER SUNDAY** - April 20

**MIDDLE SCHOOL DANCE** - April 25 MS Commons w/ DJ Dope Lope





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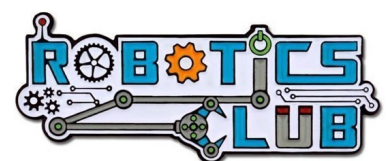
## Counselors Corner

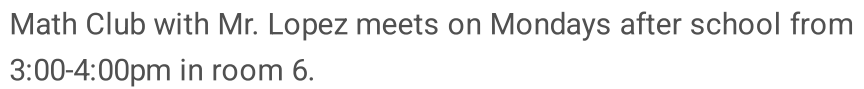
Sleep and mental health go hand in hand. Sleep helps our brain and body restore and repair itself. Sleep reduces stress, improves our mood and we get along better with the people around us. The recommended amount of sleep for teens is 8-10 hours. The CDC reports that most teens (70%) don't get enough sleep on school nights. How much sleep does your teen get? Tips for healthier sleep habits go to <https://www.sleepfoundation.org/teens-and-sleep>

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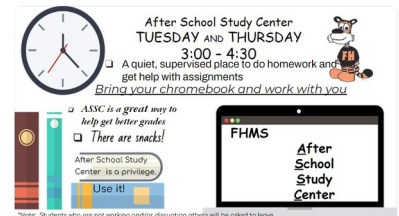
## Robotics Club

Robotics Club with Mr. Ramsey meets on Mondays and Thursdays from 3:00-4:30pm in room 9.





After School Study Center on Tuesday and Thursday from 3:00pm-4:30pm. Snacks will be provided for students.



We are collecting King's receipts! You can bring any receipts you save into the MS office. For every dollar spent Kings will donate to the Middle School PTO so every little bit helps.

## Meet the Office Staff

**Rod Turnbull (Principal)** - With 37 years in education, Rod is proud to serve as the Principal of Friday Harbor Middle School. His career has spanned multiple roles, including 16 years as a teacher, 14 years as an athletic director, and 33 years as a basketball coach—19 of which he spent as the

head coach at Friday Harbor High School. A lifelong resident of San Juan Island, Rod graduated from Friday Harbor High School in 1983 before earning his degree at Central Washington University. His teaching career began in La Quinta, California, and later brought him back to Washington, where he also taught and coached at Lynden High School. Rod is fortunate to share his life with his wife, former teacher Sue (Francis) Turnbull, and their wonderful family, including their daughters, Mandy and Taylor, and granddaughter, Becca. When Rod is not at school, you'll most likely find him on the water—salmon fishing is his true passion.

**Katie Leed (Office Manager)** - Katie is new to the office staff this year. She stepped into the role after the beloved Binney decided to retire. She moved to the island the summer before she started 4th grade at Friday Harbor Elementary School almost 36 years ago! Katie attended FHMS and FHHS you can even see her graduation picture in the hallway at the high school for the class of '98. She has a 7 year old son in 2nd grade and a 14 year old son in 8th grade. When she's not in the school office handing out band-aids and tardy slips she will be dropping one of her sons off at

practice or watching a game, those boys sure do keep her busy. During football season she'll be cheering for the Boise State Broncos along with the rest of the family.

**Janet Scheffer (CCC)** - Janet was born and raised on San Juan Island and was thrilled to return to the island when her husband, Darrin Scheffer, was hired to teach science at the middle school. Janet has work for the school district for many years as a classified substitute. Nine years ago, she transitioned to full-time at the school. She works most of her days as the Counseling Center assistant at the high school but also does the Food Service accounts and Point of Sale for the middle and high schools. In the afternoons she goes to the MS office to assist there. When she's not at work, Janet enjoys spending time with your family and her five grandkids.

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## **SJI Service Scholarship - 8th Grade Students!**

<https://sjiservicescholarship.org/about/students/>

This program is designed for the 8th through 12th grade students with a variety of volunteer opportunities based on student interest and community need. Click the link for more information.

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## **Non- Discrimination Statement**

*San Juan Island School District Commitment to Non-discrimination*

San Juan Island School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

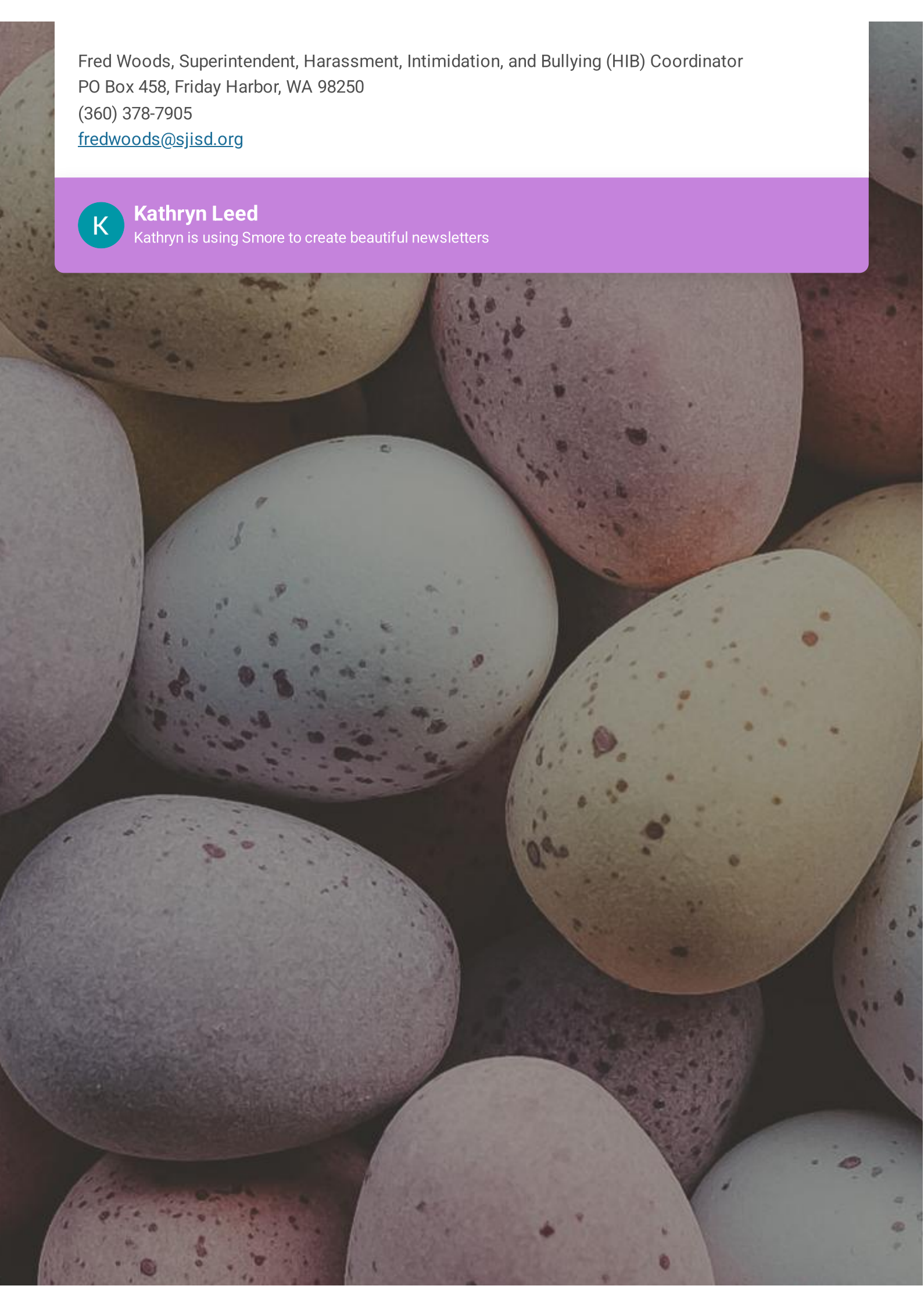
The San Juan Island School District offers classes in many career and technical education program areas such as Culinary Arts, Career Prep, STEM, and Computer Science under its open admissions policy. For more information about CTE course offerings and admissions criteria, contact CTE Directors, Liz Varvaro, [elizabethvarvaro@sjisd.org](mailto:elizabethvarvaro@sjisd.org), PO Box 458, FH, WA, (360) 378-4133. Lack of English language proficiency will not be a barrier to admission and participation in career and technical education programs.

The following people have been designated to handle inquiries regarding the non-discrimination policies:

Faith Knight, Civil Rights Compliance Coordinator, Title IX Officer  
PO Box 458, Friday Harbor, WA 98250  
(360) 378-4133  
[faithknight@sjisd.org](mailto:faithknight@sjisd.org)

Becky Bell, Special Services Director, 504 Officer, ADA Coordinator, Gender-Inclusive Schools Coordinator  
PO Box 458, Friday Harbor, WA 98250  
(360) 378-4133  
[beckybell@sjisd.org](mailto:beckybell@sjisd.org)



The background of the entire page is a close-up photograph of several speckled eggs. The eggs are in various shades of light brown, tan, and off-white, each covered with small, dark brown or reddish-brown spots. They are arranged in a cluster, filling the frame.

Fred Woods, Superintendent, Harassment, Intimidation, and Bullying (HIB) Coordinator  
PO Box 458, Friday Harbor, WA 98250  
(360) 378-7905  
[fredwoods@sjisd.org](mailto:fredwoods@sjisd.org)



**Kathryn Leed**

Kathryn is using Smore to create beautiful newsletters